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Think on These Things

Two people can experience the same circumstance but see things very differently. Our filtering process affects our quality of life. Our mind is the connecting point between knowing what the Word says and experiencing what the Word says.

Renewing our mind is not a one time experience but is a constant area of focus in our walk with the Lord. He gives us the tools to help focus our life. What we think about has a direct impact on our experiences and influences our worldview.

'Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy— meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.' **Philippians 4:6-9 NKJV.** Paul tells us to be at peace (verses 6 and 7), he tells us how to do that (verse 8) then he says watch how it works in his life (verse 9).

Take thoughts that are not of good report captive--2 Corinthians 10:5 NKJV. Pause and filter reactions and responses through the Word of God--Jude 1:24 KJV. Speak the truth out loud and meditate on the Word to capture even the little foxes--Song of Solomon 2:15 NKJV.

A situation can remain the same in the physical but can be completely altered when you choose to see it differently. Wrangle your emotions to be able to hear the Lord's voice in a situation and grab thoughts that are outside His Word. Allow God to adjust your life according to His plans--He knows best--He brings the increase. 1 Corinthians 3:6, 9-11.

Believing the Word over thoughts, situations or symptoms requires faith, discipline, perseverance, humility and gratitude. It also requires filling ourselves with the Word-- knowing what He has to say about any given situation. **'You will keep him in perfect peace, Whose mind is stayed on You, Because he trusts in You.'** **Isaiah 26:3 NKJV.**

Meditate on things that build you up. Believe what God says about you. Develop positive self talk. Stand on the Word against the lies of the enemy. You are a winner in every way.